



**Hearing Loss  
Association  
of America**  
Greater Richmond Chapter



**Fall 2015**

**GRHearingLoss@verizon.net**

**804-239-9546**

**HLAAGreaterRichmond.com**

Dear HLAA-GR Friends and Supporters:

The next meeting of the Hearing Loss Association of America, Greater Richmond Chapter, will be held on **Saturday, November 14**, at Beulah United Methodist Church, 6930 Hopkins Road, North Chesterfield 23234. The meeting will be held on the 2nd Floor of the Fellowship Building, located behind the church. The meeting will begin at 10:30 am and adjourn at approximately 12:30 pm. A variety of assistive listening devices will be available for your use.

This meeting will be a FUN meeting...a time to be with old friends and to make new friends. This will be a "social" meeting with fellowship, fun, and food! There will be opportunities to win a FREE membership to HLAA, as well as to our own local chapter. There will be door prizes and delicious food...**feel free to bring an appetizer or dessert to share with the group.**

This meeting will be an opportunity to simply relax and enjoy the company of others who are also experiencing hearing loss. By not having a speaker, we will be able to mix, mingle, share experiences and, as a result, learn much from each other about how to manage our hearing losses....

**Mark your calendars and plan to join us on  
November 14!**

For more information, contact:

**Linda Wallace at**

**GRHearingLoss@verizon.net or  
804-239-9546**

**HLAA-GREATER RICHMOND CHAPTER  
MEETINGS & ACTIVITIES**

**November 14: Chapter Meeting & Social**

**Time:** 10:30 am until 12:30 pm

**Location:** 2nd Floor of the Fellowship Bldg,  
Beulah United Methodist Church,  
6930 Hopkins Road, North Chesterfield 23234

**December 5: Chapter participation in the  
3rd Annual Virginia Hearing Resource Fair**

**Time:** 10 am until 1 pm

**Location:** Pamunkey Regional Library,  
Mechanicsville Branch,  
7461 Sherwood Crossing Place,  
Mechanicsville 23111

**January 9, 2016:** Regular meeting at Beulah.

**Program:** "An Introduction to Hearing  
Loops and Other Assistive Listening  
Systems" and election of officers for 2016

**February 13, 2016:** Regular meeting at  
Beulah

**Program:** "I Have a Phone & Hearing  
Loss...Now What?"

**COMING SOON...DETAILS ABOUT:**

**CONVENTION 2016  
HEARING LOSS ASSOCIATION  
OF AMERICA**

**JUNE 23-26, 2016**

**WASHINGTON HILTON  
WASHINGTON, DC**

**Daylight Savings Time ENDS**

*on*

**Sunday, November 1**

**Set your clocks BACK one hour!**

## HLAA-GR CHAPTER CAN USE YOUR SUPPORT!

Many of our organization's supporters use inkjet and/or laser printers. The Hearing Loss Association of America, Greater Richmond Chapter, is appealing to those people and asking you to SAVE and TURN IN your spent inkjet cartridges and laser printer cartridges to HLAA-GR Chapter. Our organization receives \$2.00 toward chapter expenses for every spent inkjet/toner cartridge turned in. We may turn in up to 20 cartridges each month. This goes a long way towards helping with our newsletter printing expenses, as well as providing supplies for the general functioning of our chapter.

Visit **[www.hearingimpaired.net](http://www.hearingimpaired.net)** for an excellent selection of "hearing impaired" products, including: lapel pins, bracelets, door plaques, stickers and decals, embroidered patches, signs, iron-on transfers, and tote bags.

### NEED BROCHURES?

HLAA-GR Chapter will provide our chapter brochures to any audiologists/hearing health care professionals who request them. Please contact Linda Wallace at **239-9546** or **[GRHearingLoss@verizon.net](mailto:GRHearingLoss@verizon.net)** about the quantity of brochures you would like to receive. This is a **FREE** service of HLAA-GR Chapter.

HLAA-GR Chapter members may pick up brochures at our meetings for display in area schools, libraries, and churches. Brochures were designed and produced courtesy of VA Relay.

*Thank you, VA Relay, for your support!*

### HLAA MISSION STATEMENT

HLAA opens the world of communication to people with hearing loss by providing information, support, and advocacy. Our purpose is to advocate for people of all ages who have hearing loss, their family and friends, to enable them to meet their individual potential and to reduce their social isolation.

## HLAA National Information

Hearing Loss Association of America membership benefits include:

- *Hearing Loss*, a bimonthly magazine
- Discounts on publications
- Latest information on hearing aids and assistive technology
- A national support network
- HLAA advocacy

HLAA is a 501(c)3 tax exempt non-profit organization. All donations and contributions to HLAA are tax deductible.

You can also subscribe to free HLAA e-News. Visit **[HearingLoss.org](http://HearingLoss.org)** and follow the links to subscribe to HLAA e-News.

The Hearing Loss Association of America is the nation's foremost membership and advocacy organization for people with hearing loss. Hearing Loss Association of America opens the world of communication to people with hearing loss through information, education, support and advocacy. The national support network includes the Washington DC area office, 13 state organizations, and 200 local chapters. Our clear, straightforward message has changed the lives of thousands of people. Hearing loss is a daily challenge you can overcome. You do not have to hide your hearing loss. You do not have to face hearing loss alone.

**Contact the national organization at:  
[www.hearingloss.org](http://www.hearingloss.org)**

or

**Contact your local Greater Richmond  
chapter at:  
[GRHearingLoss@verizon.net](mailto:GRHearingLoss@verizon.net)  
804-239-9546**

### DISCLAIMER:

**Mention of goods, services, or individuals does not mean HLAA-GR endorsement, nor does exclusion suggest disapproval.**

HLAA-GR wishes to express its heartfelt thanks to Thom for his generous support of our group and its activities!

**Thom Casey**  
Advanced Hearing Specialists

Cell: 539-1217  
Email: Thom@AHShearing.com  
Website: www.AHShearing.com

Proud sponsor of HLAA-GR  
"Quality In-Home Hearing Health Care"

HLAA-GR wishes to express its heartfelt thanks to Lori for her generous support of our group and its activities!

**Lori Klein Gardner, Au.D.**  
Hear Virginia  
4922 A West Broad Street, Richmond  
282-5590

Proud sponsor of HLAA-GR  
"Audiology & Hearing Aid Services"

*Keep your HLAA-GR newsletters and/or meeting notices for information about upcoming meeting dates and locations. The Richmond Times-Dispatch does not guarantee that notices for regularly scheduled meetings will always appear in their "Health Notes" section on*  
*Also check notices on our website, [HLAAGreaterRichmond.com](http://HLAAGreaterRichmond.com) and on Facebook (search Hearing Loss Association of Greater Richmond.)*

**DON'T FORGET...SAVE YOUR PENNIES AND DEPOSIT THEM IN THE PENNY BOX**



**DISPLAYED AT ALL MEETINGS.**  
**Thanks to all of you who have given so generously!**

## HEARING LOSS ASSOCIATION OF AMERICA GREATER RICHMOND CHAPTER DUES & NEWSLETTER INFORMATION

HLAA-GR dues are **\$12 per individual** or **family** per year, **payable in September**, and include a subscription to the Chapter newsletter. **Dues will be prorated for new members joining after September.** Fill out the form below (please print) and mail it with your check made out to "HLAA-GR" to:

Hearing Loss Association of America  
Greater Richmond Chapter  
1911 Oakway Drive  
Richmond, VA 23238

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Check one of the choices below:

- Please send my newsletter by email.
- Please send my newsletter by US mail.

**Please note:** Any contributions to HLAA-GR are tax-deductible. Donors may deduct contributions to HLAA-GR as they would contributions to any other 501(c)(3) charitable organization.

## HAVE A QUESTION ABOUT HEARING AIDS OR COCHLEAR IMPLANTS?

Check our Facebook page or website, as well as the Resources page at the end of this newsletter. Even simpler (and much more fun), join us at our meetings!

The social time at our meetings may be the most valuable resource you will have regarding your hearing loss. Visit us and talk to people who have "been there and done that!"

**"You are not alone!"**

## WELCOME TO HLAA-GR, LARRY!

Please welcome **Larry Herbert** as the newest member of our HLAA-GR family! Larry arrived at our May 9 meeting with his sleeves rolled up, ready to work...and became a member of our chapter on the spot! Larry comes to our chapter with a wealth of experience in working with local HLAA chapters. He volunteered to take on the daunting task of documenting HOH accessible venues in the Greater Richmond area. The results of his research will be published on our website and Facebook. A hard copy will be available at our meetings. This project will be on-going and continually updated with the latest information.

**Thank you, Larry, for your  
support and guidance!  
Welcome to HLAA-GR!**

## MAKE YOUR HEARING AID SUPER SMART... GET A TELECOIL

When buying a hearing aid, be sure to ask for a telecoil in your hearing aid. A telecoil in a hearing aid, or cochlear implant, functions as a wireless antenna that links to a sound system and delivers customized sound to the listener.

The telecoil can make a noticeable difference in your life when used with large-area assistive listening devices. The pairing of technology bridges the space between you and the source of the sound. The hearing loop connects the listener directly to the sound source while most of the background noise is eliminated.

For more on how to improve your hearing in various situations, read "Best Practices in Hearing Enhancement" in the July/August 2015 issue of *Hearing Loss Magazine*. Read it online at [www.hearingloss.org](http://www.hearingloss.org)>Hearing Loss Magazine>Previous Issues.

~ *Hearing Loss Magazine,*  
*September/October 2015*

## HEARING LOSS 101: YOUR HOMEWORK ASSIGNMENT

List a variety of things we can do to compensate for hearing loss and capitalize on our residual hearing under the following 3 categories:

- Technology/Assistive Listening Devices
- Communication Behavior/Strategies
- Emotional Reaction

Write down your answers (or questions) and bring them with you to our HLAA-GR chapter meeting on **January 9, 2016**. You have plenty of time to consider and complete this assignment. You will be reminded of this assignment in future newsletters and/or meeting announcements! We want to hear from you!

## DUES PAYMENT REMINDER — OUR CHAPTER DUES ARE PAYABLE EVERY SEPTEMBER

Please see the form on Page 3 of this newsletter for details.

## WHAT DO I SAY?

When asked about our local HLAA Greater Richmond Chapter and what it does, what do you say? We have a 15 second "elevator speech" all ready for you! Ask about it at our October 10 meeting!

## VETERANS PROGRAM FROM VDDHH

If your hearing loss or speech loss prevents you from using a standard telephone, honorably discharged veterans may be eligible qualified for no-cost telecommunication equipment, such as TTYs or captioned phones.

For more information, please contact the VA Department for the Deaf and Hard of Hearing at:

**804-662-9502 (Voice/TTY)**  
**1-800-552-7917 (Voice/TTY)**

## HELP CONTROL HEALTH CARE FRAUD

1. Know your Medicare coverage. Offers of free medicine or medical equipment are probably scams.
2. Never give your Medicare number to a stranger, especially over the phone.
3. Be wary of medical suppliers who contact you out of the blue. Legitimate companies do not use that tactic.
4. Never allow a doctor you have never met to prescribe any medications, medical equipment, or home health care services.
5. Review your monthly Medicare statement to see if it contains billing charges that seem suspicious.
6. Report activity you think may be fraudulent to Medicare:

[www.stopmedicarefraud.gov](http://www.stopmedicarefraud.gov)  
1-800-MEDICARE (voice)  
1-877-486-2048 (tty)

~ AARP Bulletin, June, 2015

## SMARTPHONE APPS FOR PEOPLE WITH HEARING LOSS

### HEARING SCREENING APPS

**Hearing-Check (iPhone)** Free

**hearScreen (Android)** No info on the cost

**Play It Down (iPhone)** Free

**Siemens Hearing Test (iPhone)** Free

**Starkey SoundCheck (iPhone & Android)**

Free from Starkey

**Test Your Hearing (Android)** Free

**Unitron uHear (iPhone)** Free

### AMPLIFIER APPS

**BioAid (iPhone)** Free

**HearYouNow (iPhone)** Free

**Hearing Aid Replay Lite (Android)** \$3.30

**Jacoti ListenApp (iPhone)** Free

**TV Louder (iPhone)** Free

### HEARING AID REMOTE APP

**Starkey ReSound Smart (iPhone & Android)**

Free from Starkey

~Hearing Loss Magazine, September/October 2015

## VIRGINIA RELAY WELCOMES A NEW RELAY SERVICE PROVIDER

On August 1, 2015, the Commonwealth of Virginia welcomed a new provider of Virginia Relay's Traditional Relay Services: **Hamilton Relay** of Aurora, Nebraska. Hamilton Relay is currently the contracted service provider of Virginia's Captioned Telephone (CapTel) services. With Hamilton Relay as its new partner, Virginia Relay will have the opportunity to provide an array of new Relay technology, calling features, and community outreach programs.

To learn more about Hamilton Relay, please visit  
[www.HamiltonRelay.com](http://www.HamiltonRelay.com)

~ The Commonwealth CALLER, Spring 2015

## AT OUR SEPTEMBER 12 MEETING...

The guest speaker at our HLAA-GR Chapter meeting on September 12, **Arva Priola**, Disability Resource Center, Fredericksburg, gave a wonderful presentation on "**Your HOH Rights and Responsibilities in Hospital Settings.**"

One of the main points of her presentation was to "never stop advocating for yourself!. Make your communication needs known...you will most likely have to keep repeating yourself; people forget!"

A discussion that grew out of Arva's presentation was the importance of having something on your person to alert emergency responders to the fact that you have a hearing loss in case you are not able to speak for yourself...a bracelet, necklace, a note in your wallet. You also should list of any medical conditions you have and all medications you take.

The meeting was very well attended and thoroughly enjoyed by all! The meeting was "adjourned" to Pino's Pizza, where everyone enjoyed more good food and fellowship.

The Chapter has a copy of Arva's Power Point presentation, should you wish to view it.

Contact Linda Wallace at  
[GRHearingLoss@verizon.net](mailto:GRHearingLoss@verizon.net)  
to obtain a copy for your personal use.



## **SPEECHREADING VIDEOS AND WORKBOOKS AVAILABLE AT HLAA-GR**

For those wanting to pursue speechreading (lipreading) study at home, HLAA-GR Chapter has 2 copies of the "Sound Ideas" self-study program we use at our meetings. There are many speechreading tutorials on the market today... "Sound Ideas" is one of the best, to our chapter's way of thinking! If you would like to reserve a copy for your personal use, please contact Linda Wallace at **804-239-9546** or **GRHearingLoss@verizon.net** and you can pick up your copy at our next meeting.

## **"YOUR GUIDE TO TINNITUS"**

The Better Hearing Institute now has "Your Guide to Tinnitus" by Richard Tyler, Ph.D., of the University of Iowa.

You can print out a PDF copy of "Your Guide to Tinnitus" at:

**[www.betterhearing.org/request\\_information.cfm](http://www.betterhearing.org/request_information.cfm)**

*~ Thanks to Cheryl Heppner, Northern VA Resource Center for Deaf and Hard of Hearing Persons*

## **2015 HLAA-GR Officers**

President.....Linda Wallace  
GRHearingLoss@verizon.net

Vice-President.....Matt Eggleston  
Mleggleston1@gmail.com

Vice President Emeritus.....Alan Brown

Secretary.....Brenda Eggleston  
BBEggleston@gmail.com

Treasurer.....Casey Billups  
NCBillups@gmail.com

## **MULTIPLE-YEAR HLAA NATIONAL MEMBERSHIPS NOW AVAILABLE**

Individuals may now join or renew their memberships for one, three, or five years at a time.

The rates for individual memberships in the United States are:

- One year: \$35
- Three years: \$95
- Five years: \$140

With membership in HLAA, you receive *Hearing Loss Magazine* six times a year both in your mailboxes and online. When you join HLAA, you become part of a growing constituent of people with hearing loss. The Hearing Loss Association of America represents 36 million people with hearing loss in the United States. HLAA works on policies and legislation particular to you. Please join us.

## **CONSIDERING A COCHLEAR IMPLANT?**

The Hearing Loss Association of America has prepared a booklet about cochlear implants and if they may be right for you. "**Exploring a Cochlear Implant**" is a comprehensive educational guide designed to help you reach the right decision for your hearing loss needs.

*This booklet is available at all HLAA-GR meetings.*

**CHRISTINE GILMORE EUBANKS, PHD., CCC-A**  
**Director, Virginia Commonwealth**  
**University Hearing Center**  
**MCV/Nelson Clinic, Audiology (Room 304)**  
**403 North 11th Street**  
**PO Box 980150**  
**Richmond, VA 23298-0150**

**804-828-0431**  
**FAX: 804-628-0950**  
**TOLL FREE: 1-800-762-6161**

**<mailto:ceubanks@mcvh-vcu.edu>**  
**<http://www.audiology.vcu.edu>**  
**<http://www.cicenter.vcu.edu>**

## MAKE USE OF HLAA-GR RESOURCES

Our chapter has a wide range of resources and/or devices for our members to take advantage of! We have books, training videos, assistive technology devices, telephones...all at your disposal.

Simply contact Linda Wallace at 804-239-9546 or GRHearingLoss@verizon.net and let her know what you are interested in. We will see that the resource/device will be available for you to pick up at our next meeting.

Our chapter has a variety of books available for you to borrow. If you will let us know what you are interested in, we will do our best to accommodate your request.

**HLAA-GR is here to help you...  
take advantage of our resources!**

## NEED \$\$\$ FOR ASSISTIVE TECHNOLOGY?

Contact the Assistive Technology Loan Authority at **1-866-835-5976** or at **www.atlfa.org**.

The mission of ATLFA is to promote alternative funding resources for Virginians with disabilities to get assistive technology that can enhance your independence and improve your quality of life!

## PURCHASING A HEARING AID

The Hearing Loss Association of America has produced a fact sheet on "**Purchasing a Hearing Aid: A Consumer Checklist.**" The fact sheet contains a comprehensive list of questions to ask during the purchase process and covers the areas of testing, dispensing, and disclosure. Copies of the fact sheet are available at all HLAA-GR chapter meetings

*HLAA-GR is always looking for articles of interest to our members to publish in our newsletter. If you find an article you would like to have included, please contact Linda Wallace at GRHearingLoss@verizon.net*

## HLAA-GR WISH LIST

Beulah United Methodist Church has given permission for our chapter to have a storage cabinet on their premises for chapter materials and supplies. We are still searching for a **tall metal cabinet with shelves**, that can be fitted with a lock, for this purpose. We are checking with thrift stores, consignment shops, and business surplus businesses trying to locate such a cabinet at a reasonable cost. Anyone locating a cabinet is asked to contact HLAA-GR as soon as possible. (See contact information on Page 1 of this publication.)

## WHAT YOUR HLAA CHAPTER IS WORKING ON!

Getting a representative from the Chesterfield Police Department to speak at a Chapter meeting on HOH police procedures, scams, and identify theft

Hospital Kits for folks with hearing loss

Applying for grant funding for equipment needed for community outreach, as well as to facilitate communication at our meetings

Getting a representative from the Chesterfield Fire Department to discuss fire safety and prevention for the HOH

## Why Join the HLAA Greater Richmond Chapter?

By joining a group of people with the same problem, we find that **we are not alone** in what we are facing. Through sharing concerns, gaining information and making friends, we find better ways to look at and deal with hearing loss. Meeting topics include demonstrating assistive devices, improving communication skills, and educating people of all ages in dealing with hearing loss. You will find support, friendship, and understanding at our meetings. We encourage you to come and see for yourself how important it is for hard of hearing people to meet and to provide encouragement for each another.



# RESOURCES

**MELISSA ALBRIGHT, Au.D.**  
Doctor of Audiology

**Virginia ENT Associates**  
3450 Mayland Court  
Richmond, VA 23233  
804-484-3752

**LEAH BALL, Au.D.**  
Doctor of Audiology

**Richmond Hearing Doctors, PLLC**  
7301 Forest Avenue  
Suite 202  
Richmond, VA 23226  
804-282-0022

**JANET HILES BRETT,**  
**Au.D, CCC-A**  
Doctor of Audiology  
**Hanover Audiology, PLLC**  
7484 Lee Davis Road  
Mechanicsville, VA 23111  
804-789-1764 FAX:804-789-1762

**THOMAS A. CASEY, M.S., CCC-A/F-AAA**  
Audiologist

**Advanced Hearing Specialists, Inc.**  
P. O. Box 4235  
Midlothian, VA 23112  
Phone: 804-539-1217  
Email: Thom@AHShearing.com  
Website: www.AHShearing.com

*"Quality In-Home Hearing Health Care"*

**DANIEL H. COELHO, M.D.**

Assistant Professor  
Cochlear Implant Surgeon  
Division of Otolaryngology & Neurotology  
Dept. of Otolaryngology, Head & Neck Surgery

**VCU Medical Center**  
Nelson Clinic  
403 N. 11th Street, 7th Floor  
Richmond, VA 23298  
Phone: 804-628-4368  
FAX: 804-828-8299  
and  
8700 Stony Point Parkway  
Suite 220  
Richmond, VA 23235  
Phone: 804-323-0830  
FAX: 804-323-0829

**LORI KLEIN GARDNER, Au.D.**  
Doctor of Audiology

**Hear Virginia, LLC**  
4922 A West Broad Street  
Richmond, VA 23230  
804-282-5590  
www.hear-virginia.com

**EMMETT L. JONES, Ph.D.**

**Deaf & Hard of Hearing  
Community Counseling Services**  
1503 Santa Rosa Road, Suite 211  
Richmond, VA 23229  
804-282-1943 Voice 804-282-1944 TTY

**SHANTELL D. LEWIS, Au.D.**  
Doctor of Audiology

**Virginia Professional Hearing  
Healthcare Center**  
620 Moorefield Park Drive, Suite 100  
Richmond, VA 23236  
804-330-1350

## HEARING CLINICS OF VIRGINIA

2048 John Rolfe Parkway  
Richmond, VA 23238  
Phone: 804-353-9780  
FAX: 804-358-0301

## VIRGINIA DEPT. FOR THE DEAF & HARD OF HEARING

1602 Rolling Hills Drive, Suite 203  
Richmond, VA 23229  
804-662-9502 V/TTY  
or 1-800-552-7917 V/TTY

**CHRISTINE RUDERSON**

Technology Programs  
Email: christine.ruderson@vddhh.virginia.gov

**HEARING LOSS ASSOCIATION  
OF AMERICA  
MEMBERSHIP INFORMATION**

Membership benefits include a subscription to *Hearing Loss Magazine*, discounts on publications, up-to-date information on hearing aids and other assistive technology, coping strategies, and much more.

To become a member of HLAA, fill out the adjacent form and mail it, along with your check for the appropriate amount, made out to "HLAA," to:

**Hearing Loss Association of America  
7910 Woodmont Avenue  
Suite 1200  
Bethesda, MD 20814**

Application for Membership

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State: \_\_\_\_\_ Zip: \_\_\_\_\_

- \$35 (individual)       \$20 (student)  
 \$45 (couple/family)

*(Important: Write "Membership Dues" on the bottom of your check.)*

 **Hearing Loss  
Association**  
of America  
Greater Richmond Chapter  
**1911 Oakway Drive  
Richmond, VA 23238**

